

Lunch Menus

Deli roll Working Lunch Menu

Ideal for a quick lunch break from your seminar, meeting or training session.

This menu can be easily adapted for vegetarians. For gluten free add \$1

\$ 11.48 ex gst \$13.20 inc gst

Deli Roll delicious handmade sunflower and linseed roll freshly baked at the Sauce Kitchen with a variety of free range fillings and salad

Spanish Frittata roasted red pepper, green pea, parmesan and potato cake with pesto and cherry tomato garnish **GF**

Small Sweet Slice

Add a fruit kebab for + \$3.00

Pie & Salad Working Lunch Menu

Ideal for a quick lunch break from your seminar, meeting or training session

This menu can be easily adapted for vegetarians.

\$ 15.22 ex gst \$17.50 inc gst

Individual Handmade Steak Pie slow cooked beef steak, individual size
or

Black Bean and Vegetable Pie in a Mexican Mole Sauce **Vegetarian**

Green salad and Potato Salad **GF|Vegetarian**

Whittaker's Dark Chocolate Chip Cookie - regular size **Vegan**

Phoenix Organic Bottled Juice

World Food Menu

Inspired by street food this menu gives a great variety of taste sensations

\$ 15.83 ex gst \$18.20 inc gst

Two Soft Tacos - one with beef and slaw, one with chicken and salsa

Chiang Mai Pork Skewers with lime leaves, ginger and coriander **DF**

Basil Pesto Potato Salad everyone loves this delicious potato salad **GF|Vegetarian**

Small Sweet Slice

Add a fruit kebab for + \$3.00

Classic Caesar Lunch

Casual and satisfying lunch. The Caesar salad is served in individual boxes with forks (no anchovies)

\$ 16.74 *ex gst* \$19.25 *inc gst*

Caesar salad with Free range bacon, croutons, Cos lettuce, egg, Parmesan & creamy Caesar dressing

Sweetcorn Fritter with Guacamole Delicious, a great option that everyone loves **GF|Vegetarian**

Two Ribbon Club Sandwiches freshly made clubs with a variety of free-range fillings

Free Range chicken skewer with salsa verde lots of fresh herbs and zesty lemon **GF|DF**

Fresh Pineapple Skewer

Add a small sweet for \$2.20

Hand Held Menu

This menu speaks for itself, easy to eat in any environment.

Great value at six items per person

Easily adapted for vegetarians. For gluten free add \$2

\$ 17.17 *ex gst* \$19.75 *inc gst*

Choose One - Either bacon and egg pie OR vegetarian tart:

Free Range Bacon and Egg Pie our popular five star rated free range pie in an easy to hold size

or

Seasonal Tart – according to best in season – eg: Mushroom, Tomato & Basil, Asparagus **Vegetarian**

Miso, Brown Rice and Broccoli Balls **GF|Vegetarian**

Two Triangle Club Sandwiches freshly made clubs with a variety of free-range fillings

Sweet treat

Fresh Fruit Kebab

Business Lunch Menu

Easy to eat menu with each item 2-3 bites

\$ 18.26 *ex gst* \$21.00 *inc gst*

Free Range Chicken and Bacon Croquette - round croquette garnished with crispy free range bacon

Yorkshire Pudding with roast beef, cream cheese and Dijon mustard

Two Triangle Club Sandwich freshly made clubs with a variety of free-range fillings

Small Sweet Slice

Fresh Fruit Kebab

Abundance Bowl Lunch Menu

A bowl which can be easily adapted for vegetarians, vegan, dairy free, egg free and gluten free

\$ 19.78 *ex gst* \$22.75 *inc gst*

Abundance Bowl - changing daily to embrace the best of ingredients, these abundance bowls will contain plenty roasted and/or raw vegetables, beans and a whole grain like brown rice, farro or quinoa **GF|Vegetarian**
Chermoula Free Range Chicken Skewer North African spice marinade **GF|DF**
Pure Wow Rich Dark Chocolate Truffle with freeze dried raspberry **GF|Vegan**
Fresh Pineapple Skewer

Boardroom Lunch Menu

This menu is perfect for your important meetings, single bite size items

Discrete - enabling everyone to eat, talk and do business.

11 items per person

\$29.04 ex gst

\$33.40 inc gst

Yorkshire Puddings rare beef, English mustard and watercress (x2)

Chiang Mai Pork Balls with black and white sesame seeds & plum dipping sauce (x2) **DF**

Salsa Verde Chicken Skewers free range chicken with lots of fresh herbs and zesty lemon (x2) **GF|DF**

Canape Club Sandwiches with a variety of free range fillings (x2)

Blini “Holy Smoke” Wood Smoked Salmon on little pancakes with lemon and Italian parsley

Whitestone Blue Cheese & Walnut Balls with a white grape centre **GF | Vegetarian**

Little Sweet item

Add a fruit platter for \$3.80